



SUTHERLAND COMMUNITY PARTNERSHIP

MINUTES OF MEETING

12 OCTOBER 2018 1000 – 1200 Hours Assynt Leisure, Lochinver

Present	<p>Iain MacLelland (IM) Deirdre Mackay (DM) Peter Allan (PA) Christine Ross (CR) Jim McGillivray (JMc) Richard Gale (RG) Linda Munro (LM) Angela Simpson (AS) Ian Mitchell (IM) Lorraine Coe (LC) Ronnie Lansley (RL) Susan Ainsworth (SA)</p>	<p>Chair, Police Scotland Deputy Chair, East Suth & Ed Support, Police Scotland Third Sector Interface VG-ES Councillor East Suth & Edderton Councillor East Suth & Edderton Councillor NW & Central Suth Highlands & Islands Enterprise Scottish Natural Heritage NHS Highland CVS North Minute Secretary, Police Scotland</p>
Apologies	<p>Helen Cairns (HC) Kirsteen Currie (KC) Hugh Morrison (HM) Michelle Johnstone (MJ) Jason Gardiner (JG) Phil Tomalin (PT) Rhionna MacKay (RM) Frances Gunn (FG) Myra Clark (MC) David Hannah (DH)</p>	<p>YDO, Golspie High School Councillor NW & Central Suth Councillor NW & Central Suth NHS Highland Scottish Fire & Rescue Service Highland Council Ward Manager ECS Citizens Advice Bureau CVS North Tykes Ardgay</p>
Guests	<p>Heidi May Penny Gardner Douglas Chisholm</p>	<p>NHS Board Nurse Director NHS Highland HC Planner</p>

Members of the Public – 22

- Welcome** -The Chair (IM) gave a big thank you to all who had travelled to Lochinver, welcoming new attendees and informed all present to stay for a chat after the meeting. A special welcome was given to Heidi May, NHS Highland and to the young people from Lochinver who have attended.

IM, on behalf of SCP, wished to express a huge thank you to Helen Houston, who has now retired from The Kyle of Sutherland Development Trust. Helen gave great support and assistance to the Partnership and her motivation and enthusiasm was an example to us all.

2. Present and Apologies – As above.

3. Actions from Previous Meeting – The following actions from the June meeting were discussed:

- CLD Plan updated by AS and now at the stage of being inspected by Chief Executive, HC. AS will give feedback at December meeting - ONGOING
- Childrens' Plan update required by Jacqueline Jennett, next meeting to be held end October - ONGOING
- Participatory Budgeting for the Highlands – Phil Tomalin to update – ONGOING
- Budgets for Community Councils – LM updated they aim to meet all 17 CC chairs for discussion re budgets - CLOSED
- Living Accommodation for Older People – LC said a sub group was set up in August discussing Care in the Community with specially adapted housing and care villages - CLOSED
- The Pledge and Loneliness – PA will discuss at December SCP Meet – ONGOING

ACTION – PA TO NOTIFY ON-LINE ALL RELEVANT MEETINGS ACROSS SUTHERLAND

4. Presentation – Lorraine Coe and Penny Gardner, NHS Highland – Neighbourhood Care

LC opened by informing all that a pilot for Neighbourhood Care is running in Lochinver, whereby NHS teams consisting of District Nurses, Community Care workers and Occupational Health alongside GPs will be self-managed to provide care for people in the community. This is self-organising to bring patients out of hospitals back into their homes. This is hoped to increase job satisfaction and to recruit and retain staff. Lochinver is one of three project sites and has been specifically chosen due to its remoteness.

Penny Gardner gave a PowerPoint presentation with the key points of this pilot. Heidi May, NHS Board Nurse Director, added the pilot scheme is for District Nurses to be given the power to make their own decisions in implementing the care model. IM added this could assist with job opportunities for home carers and could be included in Safe Highlander events which is fully supported by SCP. RG hoped that implementing care packages locally will make it more workable. Home Care posts have been advertised though it is a struggle to get applicants for this area.

5. Community Partnership Plans

- **Locality Plans** - IM informed all that the Engagement Team have been working extremely hard in the background and now ready to put structures in place with all plans to go on to the Internet. **Golspie** – IM stated the Golspie Locality Plan is at the stage of detailing leads around Employment/Training/Transport/Car Sharing and Housing. **Bonar Bridge** – IM added that the Bonar Bridge Locality Plan has also linked into Employment/Training/Transport/Housing and is to include Energy Schemes, Inequality and Healthy Eating. **Kinlochbervie** – IM stated this plan has identified Employment/Community Links/Strengthening support for the Young People/Transport/Car Sharing and Housing.
- **Helmsdale** – AS added the same themes as above. The plan has drafted actions which have been taken back to the Community group to finalise.

- **Brora** – LC stated the Brora Plan has identified Employment leading to Tourism and the NC500/Transport/Linking in with GP's via the Internet/Housing stock and Fuel Poverty. The sub group is meeting in a week's time.

ACTION – PA TO CIRCULATE ALL LOCALITY PLANS ON INTERNET.

ACTION – MARTIN THOMSEN TO GIVE ENGAGEMENT UPDATE ON INTERNET

- **Adult Health and Social Care Plan** – LC informed the meeting this had been based on the Public Bodies Act through the Scottish Government to deliver services and focussing on the ageing population to improve on mental health. A full report will be given at the December SCP meeting.
- **Childrens' Plan** – This is being led by JJ. Yvonne Ross, Highlife Highland, stated that the young people have been involved with the plan through the Youth Forum and the plan itself feels very local and not regional.

6. Other Matters

- **Tykes** – DM stated that Myra Clark has flagged up issues around mental health which is an ongoing concern. A pilot is being set up next year in Golspie and Dornoch called 'New Direction', a group focussing on good health and well-being. This will be a 6 week programme to include confidence building and self-esteem. Yvonne Ross asked if this will involve the North West, however DM replied that this is a pilot in the first instance. YR added that support is needed for youngsters as bus fares are high and there is no other form of transport. LC is happy to give a presentation in 6 months' time to the young people in the North West.
- **Fuel Poverty** – DM informed all that the Fuel Poverty Sub Group has been very productive, discussing issues with both Pentland Energy and The Energy Advice Service, who have divided up the North, discussing actions and firming these up.
- **Transport** – IM stated he had attended the Rural Transport Conference raising issues in the North West. RG added that with the withdrawal of the Postal Bus Service this has had a negative impact on the community. Re-introducing this service could be a solution. Discussions took place around patient transport issues for hospital appointments, for the young people and for parents wishing to attend Early Learning Groups. Solutions to take forward would be free bus passes for the young people of Sutherland. RG informed the meeting that Badenoch and Strathspey have an increasing number of volunteer drivers taking people to social events, health clinics and appointments which is working extremely well especially for residents in remote areas.

SHORT BREAK

- 7. **Presentation – Caithness and Sutherland Development Plan (CaSPlan)** – Douglas Chisholm (DC) gave an outline of the CaSPlan which will be used to guide future development and investment in the Caithness and Sutherland area. This plan has been officially adopted by Highland Council on 31st August 2018.

Key outcomes to be delivered include:
Growing Communities
Employment
Connectivity and Transport and
Environment and Heritage.

This will align with housing audits, schools and is a single source of information to help co-ordinate investment, an example being redeveloping the site of Rogart Auction Mart. Questions were raised asking if new projects can be added, the deadline for Sutherland is 1st November. Concerns that there is a lack of community awareness, Douglas informed the meeting that all Community Councils had received documentation and there is a link on the webpage of the HC and Community Councils can register their interest online and add community projects. The proposed Space Port is to be included on the plan. The CaSPlan has now replaced the Local Development plan and Douglas added that funding applications could benefit if projects are on this plan. SNH will forward on their projects for addition. Assynt Community Councils have asked for better communication.

ACTION – PA TO CIRCULATE CaSPLAN WITH E-MAIL AND CONTACT DETAILS TO ALL ON THE SCP LIST.

ACTION – DC TO UPDATE SCP AT A MEETING IN 2019 RE CaSPLAN

ACTION – DC TO PROVIDE SUMMARY AND LINKS TO ALL CC MEMBERS

IM thanked Douglas for attending and giving an update and will look forward to him returning to a future SCP meeting.

8. New Matters Raised

- Food on the Table Campaign by CAB – DM has asked for the Partnership to encourage residents in Sutherland to complete the on-line survey or to complete a paper copy on the above survey.
- Food Waste, Brora – DM informed all that an initiative has commenced in Brora which has looked into food waste from the supermarkets in Brora and they are now leaving their out of date products in a larder and fridge for residents to help themselves. This is in the early stages and DM will report back at the next meeting. LC added that a Healthy Eating initiative is being rolled out with a dietician allocated to local shops to improve on healthy eating.

ACTION – DM TO GIVE UPDATE AT DECEMBER MEETING RE FOOD WASTE, BRORA

- Suicide Prevention – DM stated events are taking place to “Train the Trainers” on suicide prevention over the coming months. However it was noted no programme involved the North West.

ACTION – LC TO ORGANISE DATE FOR AN EVENT IN THE NORTH WEST

ACTION – LC TO CIRCULATE DATES ALREADY SET

9. Community Matters Raised

- **VG-ES & CVS North** – CR updated members that VG-ES & CVS North has had a reprieve until the end of February 2019. CR stated their funding is to be cut by 37% from 1st March 2019. A new single structure has to be in place for 1st March 2019.
- **Transport** – Parents asking if bus passes can be issued for children as this is a major issue and raises inequality issues. It has been asked if Transport can be pushed up the Agenda and for a Community bus to be engaged. The chair gave an assurance that Transport remained a priority for Sutherland and that he looked forward to working locally with communities and at a regional level to improve this inequality.
- **Presentations** – Steve Henderson, Age Concern, stated that around fourteen offers of presentations to SCP have come forward and could there be a day set aside specifically for these presentations.

ACTION – PA TO SET A ‘PRESENTATION’ DAY

- **Heath and Social Care** – Information will be put into the next SCP Newsletter and appropriate links to be forwarded.

Douglas Chisholm added that he was delighted to see such a community turn out and to see hands on the commitment and dedication within the SCP. He added there is to be a review of the National Transport policy.

IM closed the meeting, thanking everyone for their attendance and inviting all for refreshments and to discuss any local matters.

10. Date of Next Meeting – Friday 14th December 10am, Lairg Community Centre.

Meeting closed at 1220 hours.