

Inverness CPP

Adult Plan

2019

DRAFT 31 Oct 2019

The Public Bodies (Joint Working) (Scotland) Act 2014 places a duty on Integration Authorities to develop a strategic plan which will set out how they will plan and deliver services for their area.

At the same time community planning partnerships were tasked with the development of locality plans under the requirements of the Community Empowerment Act. 9 Local community planning partnerships were established at this time and the decision was made to place the development of both local Adult and Children's Plans within these structures.

These local adult plans will naturally flow from the Highland Strategic Plan 2016 – 2019 which lays out the strategic direction for the delivery of services across Highland.

The Inverness community Planning Partnership Adult Plan details how these strategic outcome areas are being delivered locally within Inverness and surrounding areas.

Commissioning Priorities

- People are healthy and have a good quality of life
- People are supported and protected to stay safe
- People are supported to maximise their independence
- People retain dignity and are free from stigma and discrimination
- People and their carers are informed and in control of their care
- People receive end of life care in their preferred setting/location
- People are supported to realise their potential
- People are socially and geographically connected and have a sense of belonging
- We deliver services effectively, efficiently and jointly.

Key Principles

- Addressing health inequalities through leadership, development and co-ordination of a range of interventions and initiatives to reduce health inequalities; working with community planning partnerships to tackle the underlying causes and embed efforts across NHS Highland
- Leadership and support for development and implementation of policy, guidance and person-centred planning; meeting duties under equalities legislation; training and raising awareness
- Partnership working to maximise the use of community resources and assets, including other public sector bodies, the voluntary sector, volunteer and local community facilities

ACTION PLAN

Objective	Linked Outcomes	Planned actions	Current status	Lead
<p>Person centred approach to care with an emphasis on self help, reablement and independence.</p>	<p>People are supported to maximise their independence</p> <p>People are supported to realise their potential</p> <p>People are supported and protected to stay safe</p>	<p>Introduction and development of neighbourhood care teams across Inverness made up of Nursing, Occupational Therapy and Enablement workers with linked Social workers and physios.</p> <p>Shared caseloads and patient records using MORSE.</p> <p>Falls Management pathway</p> <p>Re-ablement approach</p> <p>Neighbourhood mapping</p> <p>Frailty Pathway development and use of e-Frailty tool</p> <p>To introduce the Progression Model for adults with a Learning Disability that seeks to ensure outcomes are based on development and learning new skills.</p> <p>One – Page Profiles for all adults with a Learning Disability.</p> <p>NHS Highland has signed up to the Charter for Involvement that commits us to including people with a Learning Disability in our decision making.</p> <p>Ensure commissioning of support meets current need and supports the market.</p>	<p>Neighbourhood teams in place and established.</p> <p>?</p> <p>?</p> <p>Embedded into care processes.</p> <p>Not started</p> <p>Pilot of Virtual Ward since???</p> <p>Pathway development workshops starting in October 2019</p> <p>Training plan for progression model currently being identified. Expect roll out early 2020</p> <p>Launch date & Conference in Nov arranged.</p> <p>Including people with a LD in interviews / Highland Listening Group.</p> <p>Ongoing work with sector to adapt and change models</p>	<p>District Integrated Team Manager</p> <p>Head of LD Services</p> <p>Director of Adult Social Care</p> <p>Head of Commissioning</p>

Objective	Linked Outcomes	Planned actions	Current status	Lead
Reducing number of people delayed in hospital awaiting care	<p>We deliver services effectively, efficiently and jointly.</p> <p>People are supported to maximise their independence</p>	<p>Increase number of care at home hours available, by increasing efficiency</p> <p>Introduction of new contracts with care at home providers</p> <p>Promotion of self care and family network support – linked to neighbourhood care team development</p> <p>Services for frail elderly people: Day Hospital and Virtual ward integrated with community services.</p> <p>Mackenzie Centre day care development.</p>	<p>Additional hours provided in 2019</p> <p>All providers started on new contract July 2019 Work ongoing. Re-ablement approach embedded.</p> <p>See development of Frailty Pathway above</p> <p>New pathways and approach developed for new service users. Staff development ongoing.</p>	District Manager
Well supported and able workforce	We deliver services effectively, efficiently and jointly.	<p>Statutory and Mandatory training</p> <p>Daily Management and use of visual management boards.</p> <p>Joint learning and network training events with Third Sector to ensure consistency and agreed values</p> <p>Process for Third Sector small grants (ie <£50k) agreed</p>	<p>Inverness Staff training maintained at above 90% complete.</p> <p>70% of teams now using Daily management. Target of all clinical/care teams by end of 2019</p> <p>Events arranged for LD Service Providers and NHS staff. End Nov Network information sharing event.</p> <p>Applications received for funding from Third Sector. Final decisions currently being discussed.</p>	<p>District Manager</p> <p>Head of LD Services</p> <p>Head of Community Services</p>

Objective	Linked Outcomes	Planned actions	Current status	Lead
Emergency plans are understood and regularly exercised	<p>We deliver services effectively, efficiently and jointly.</p> <p>People are supported and protected to stay safe</p>	<p>Emergency Centre plans to be re-visited for each centre</p> <p>District CfP plan</p> <p>Identification and training of Emergency Centre Managers</p> <p>Plan and implement exercise of emergency centre set-up.</p> <p>Dialogue and planning with community and faith groups.</p>	<p>All Tier 1 site centres visited. 3/6 plans documented.</p> <p>CfP plan in development. Draft to be completed by end September</p> <p>Planning in progress</p> <p>To be planned</p> <p>Meetings with several groups undertaken. Work continuing.</p>	District Manager
We live in vibrant, healthy and safe places and communities	<p>People are healthy and have a good quality of life</p> <p>People are supported and protected to stay safe</p> <p>People are socially and geographically connected and feel they belong</p>	<p>Increase uptake of screening</p> <p>Support the development of social prescribing</p> <p>Development of compassionate communities</p> <p>Support the development of healthy workplaces</p> <p>Process for Third Sector small grants (ie <£50k) agreed. Process encourages collaboration and innovation.</p> <p>Proposal for use of Community Led Support model for Highland to be developed</p>	<p>Applications received for funding from Third Sector. Final decisions currently being discussed</p> <p>Workshop 1 Oct. Proposal now being developed</p>	<p>Health Improvement Team: NHH</p> <p>Head of Community Services</p> <p>Director of Adult Social Care</p>

Objective	Linked Outcomes	Planned actions	Current status	Lead
We have good mental wellbeing	<p>People are healthy and have a good quality of life</p> <p>People are supported and protected to stay safe</p>	<p>Improve mental health and wellbeing</p> <p>People with mental illness have access to assessment and treatment services when required</p> <p>People in distress can receive support</p>	<ul style="list-style-type: none"> • Primary Care Mental Health Services under development • 24 hour access to mental health assessment in Raigmore/New Craigs Hospital in place • Distress Brief Intervention Pilot in Inverness until 2021. 	Health Improvement Team: NHSH
We reduce the use of and harm from alcohol, tobacco and other drugs	<p>People are healthy and have a good quality of life</p> <p>People are supported and protected to stay safe</p>	<p>Alcohol</p> <p>Tobacco</p> <p>Substances</p>		Health Improvement Team: NHSH Drug and Alcohol Team Health Improvement Advisers

Objective	Linked Outcomes	Planned actions	Current status	Lead
We have a sustainable, inclusive economy with equality of outcomes for all	<p>People are healthy and have a good quality of life</p> <p>People are supported to realise their potential</p> <p>People retain dignity and are free from stigma and discrimination</p>	<p>Good work and employment</p> <p>Health Literacy</p> <p>Reducing poverty</p> <p>Equality and Diversity</p> <p>Enhancing employment opportunities for people with a learning disability.</p>	Active discussions with a range of people to ensure that people with a learning disability are considered at recruitment.	<p>Health Improvement Team: NHH</p> <p>Head of LD services</p>
We eat well, have a healthy weight and are physically active	<p>People are healthy and have a good quality of life</p> <p>People are supported to realise their potential</p>	<p>Delivery of actions arising from the Scottish Government Diet and Obesity Strategy</p> <p>Delivery of actions arising from the Active Scotland Delivery Plan</p>		Health Improvement Team: NHH

