

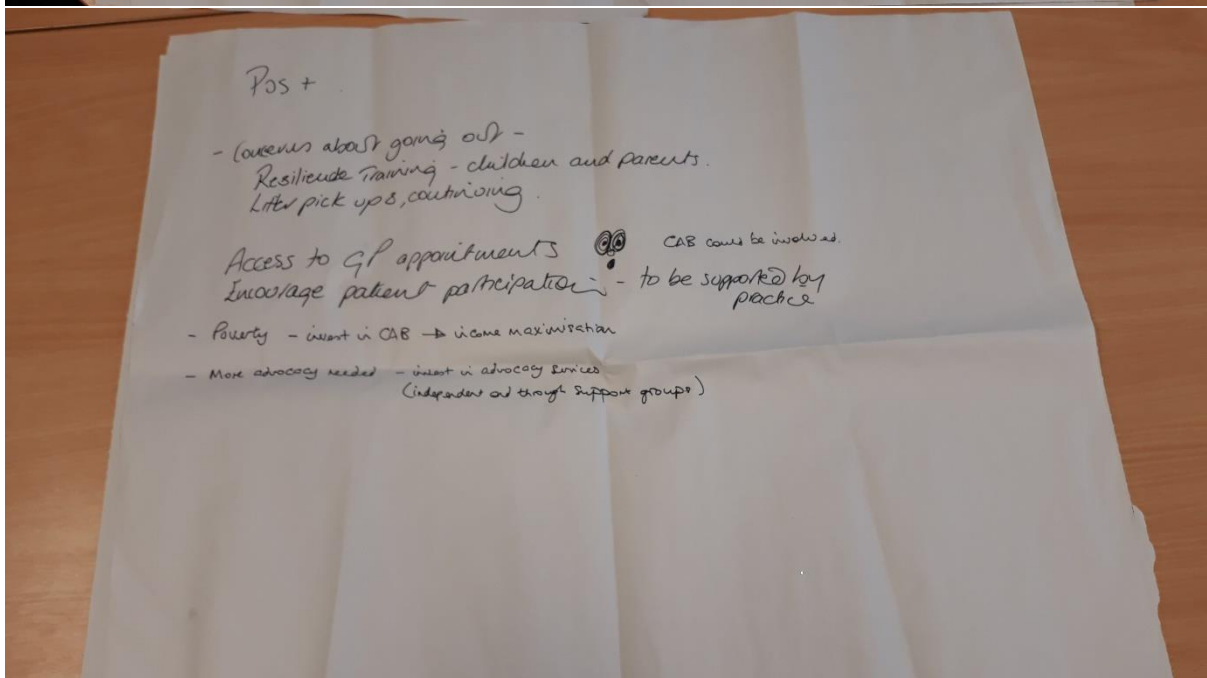
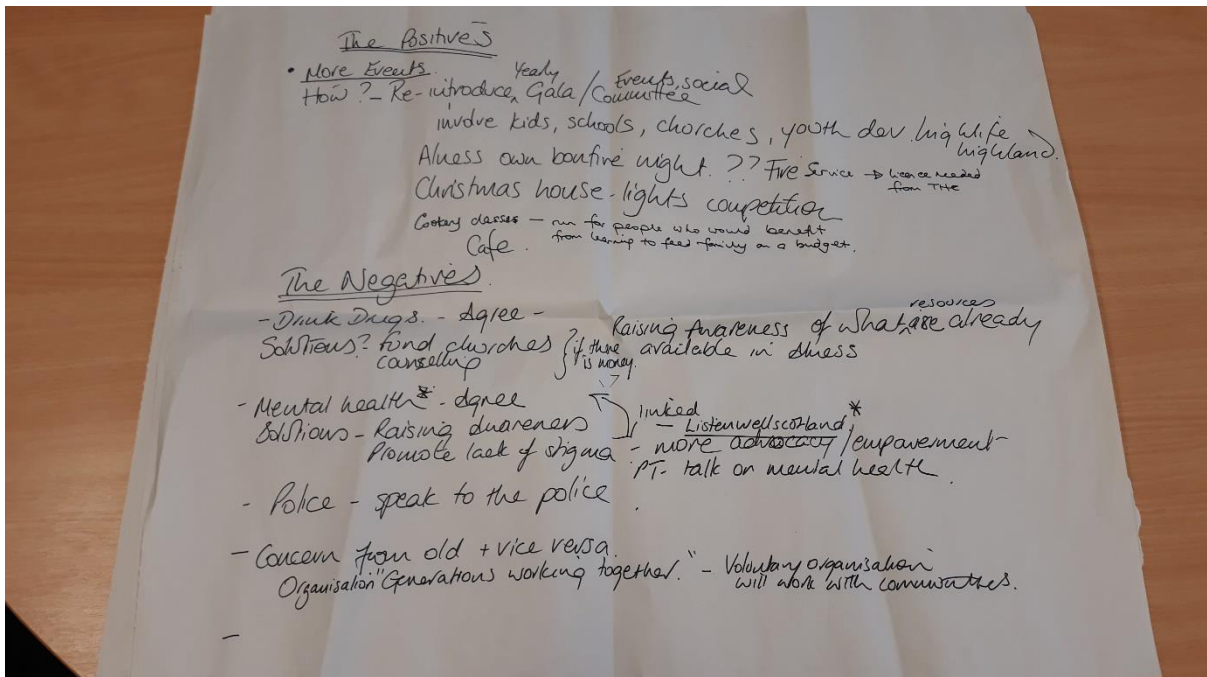


# Easter Ross Community Partnership

equality and opportunities for our communities

## Findings From Discussions

Meeting in Public, 6pm to 8pm, Wednesday 21<sup>st</sup> August,  
AIness Academy, AIness





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\* Drug / Alcohol additional concern  
domestic abuse.  
ASB - Youth Workers (detached).

Police involvement  
School Nurses / Primary Mental Health Nurses.  
Young Carers workers.

Community Cafe / Ainess Academy (until Mar)  
- Leadership programme. HLH.  
- Storehouse → Youth Development.  
- Adult Learning - Family Cooking / groups.

Parent Resilience - support  
- promote parent line.  
- training = sleep parenting relationships  
- gambling  
- drug + alcohol mental health?

ENTIRELY VOLUNTARY ORGANISATION  
- Inclusive of all ages.  
- Organic Engagement.



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- ① MORE COMMUNITY PARTNERSHIP EVENTS.
- ② COMMUNITY TROLLEY ARE DROP OFF? DISTANCE AM SHOPS.
- ③ COMMUNITY MINI BUS FOR SHORT TRIPS AROUND TOWN.  
TWICE A DAY? ONCE A DAY? 3 TIMES A WEEK
- ④ ISSUES 1+2 tie into GP Appointments. More support and opportunity required.
- ⑤ Strong community contract support
- 6 Community intergenerational network  
Young & old.
- 7 Range of training opp
- 8 ACC facilities & Aches community  
meeting on large scale.
- 9). British transport policy - train  
situation



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## Notes from Facilitators:

### Table 'A' -

Positives = opportunities

NHS – can they pay for a person's petrol?

Is there a way of having a 'patient voice'? Use of text/online? Dedicated line to text cancellations.

Young people often don't know about things – currently nos loc at The Place – stigma? Think it means you can't afford food – need to de-stigmatise and make The Place be the place to go.

Don't agree that need [a] more visible Police presence – we can see them after.

The motivation the school is given is great but what about the missed generation and the cycles in families? Need to look at opportunities for young people.

80% of calls for Police are not crime related.

Employment is key – ways people can 'taste' work eg: like community payback work but volunteering?

Milnafua – there are plenty of volunteers, could this help employability?

Social Enterprise – can it help people need to feel a sense

Use SFRS support for community clean ups

Mens shed?

Bowling club and golf club, could they be the routes in?

Driver diagram needs an 'impact' column added.



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## Table 'B'

They felt that a driver diagram was a great idea for Alness locality plan and would work.

### Drugs and alcohol

- Felt that it was necessary to look at what services were available locally for addictions for example the capstone have an addictions meeting that no one was aware of?
- Felt that awareness sessions for pupils, parents and families was greatly needed – aware there are organisations who can help such as HADP, Health and HC
- Need to use social media more to publicise what is available locally

### Mental health

- Again we need to know what is available locally – the free church heavily involved with offering counselling etc but no one really knows about it – need to ensure that all organisations are involved
- A mentoring scheme was felt to be a good idea for all aspects highlighted as concerning where people could train to offer support
- Karen mentioned that there was a wealth of training available from health improvement including mental health first aid and SIPPS ( suicide prevention ) training that could be offered out to the partnership and she would share training link

### Poverty

- Community fridge idea was discussed and all this would need would be somewhere to house this, agreement from local shops to send produce there and volunteers to monitor it
- Felt that solely using this for poverty was not an good idea and would need a whole community approach – huge concern for working families on the poverty line – so meal making on a budget was discussed
- Look at baby donations and uniform donations that families could access – could we make this wider – Carolyn discussed how Bridgend primary do this for uniforms that are left – they are washed and advertised on facebook and Karen discussed how the infant feeding support workers in this area took donations of baby clothing and distributed to women in need
- Karen to find contact of Trussel Trust Katy Kitchingham and send on [travellingkaty@yahoo.com](mailto:travellingkaty@yahoo.com)

### Young/Old connection

- Use of men's shed
- Allotments
- Volunteer schemes to share skills with the younger people



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## More visible police

- Fully recognise the huge amount of calls the police are getting in the area with mental health and domestic abuse which lessens the visibility of the police. Carlyne raised concern re policing of the 20mph limits put in in Alness

## Transport

- Issues affect all ages of people – travel within the town and also outwith

## Access to GP

- Huge problem and need to discuss this with the GPs and area manager

## Young not able to go out

Assurances were given that HC deal with broken glass if reported very quickly – maybe there was a need to advertise who to call if broken glass etc was discovered