



## Think Health Think Nature – Small Grant Fund 2019

Greater use of the outdoors can help to tackle physical inactivity, mental health issues and health inequalities.

### About the Fund

The overall aim of the small grant fund will be to encourage:

- More people to use the outdoor environment and more regularly and to;
- Contribute to reducing health inequalities

The fund is for projects between £1500 and £5000

### Who can apply?

Applicants must be a not-for-profit, community group or organisation providing a service, or benefit within the exclusive boundary of the Highland Local Authority Area. For more details on eligibility please see our website.

The fund is available for a wide range of activities in nature including:

- Creative Music and Arts
- Cycling & Walking
- Gardening & Farming
- Relaxation
- Travel and Leisure
- Play & Outdoor Learning
- Science & Research
- Sport and Physical Activity
- Outdoor Volunteering
- Viewing Nature, Plants and Wildlife

### The fund is not available for:

- The promotion of any religious or political activity
- Costs incurred retrospectively
- Permanent Infrastructure to places, paths or visitor guide leaflets
- One-off events or taster sessions

### How to Apply

Applications will be open from the 23rd September to the 25th November 2019.

More details on the funding criteria and how to apply can be found at:

[www.thinkhealththinknature.scot](http://www.thinkhealththinknature.scot)



This initiative is part of the programme of activity being delivered by the Highland Green Health Partnership which is helping to make more use of Scotland's outdoors as Our Natural Health Service. The partnership is supported by: Scottish Natural Heritage, Forest and Land Scotland, NHS Health Scotland and Transport Scotland.