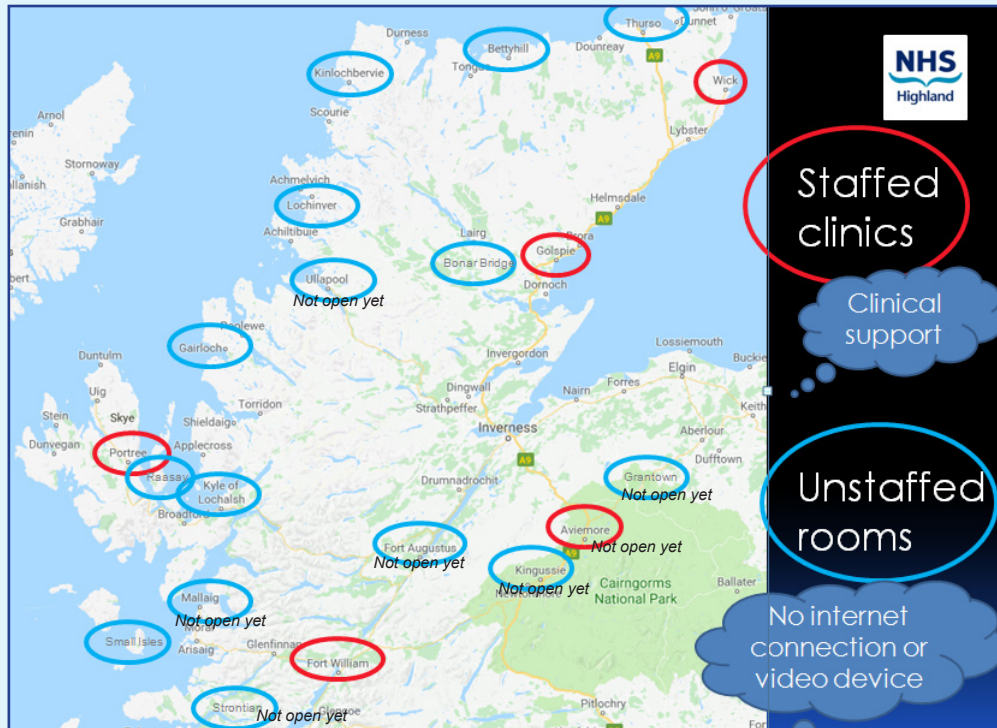


NHS Near Me locations

NHS Near Me appointments at home can take place anywhere in NHS Highland, even in central Inverness.

NHS Near Me clinics are available in the more rural parts of NHS Highland (see previous page for clinic types).



Note: some locations not yet available. Installation started in Oct 2018 and due for complete by April 2019

More information?

More information about NHS Near Me is available from:

Website: <https://nhsh.scot/nhsnearme>

Phone: 01463 255733 (staffed part-time: please leave a message and we will return your call)

Near Me

What is NHS Near Me?



Outpatient appointments by video at your home or at NHS premises near you

What is NHS Near Me?

NHS Near Me is a video consulting service for outpatient appointments. NHS Near Me appointments take place in your home or at local NHS premises. Your consultant or other specialist will see you via a video link.

How do I get an appointment?

NHS Near Me appointments are booked in advance, just like other outpatient appointments. You will receive a letter with the date, time and location of your appointment.

You may be asked during an appointment if you want your next appointment by NHS Near Me, or you can ask if it would be possible.

Benefits of NHS Near Me

Benefits of NHS Near Me include reduced travel; reduced time away from home/work/school; and making it easier to have someone with you for support at your appointment who would not have been able to travel to Raigmore.

Is NHS Near Me right for me?

NHS Near Me is appropriate for many appointments, but it is not for every person or every appointment. NHS Near Me cannot be used if you are having a procedure or hands-on care: your consultant or other specialist can advise on whether NHS Near Me is suitable for you.

You may also prefer to travel to Raigmore for some appointments. That's fine too: you can opt in and out of using NHS Near Me.

NHS Near Me at home

For NHS Near Me at home, you need:

- A reliable internet connection (broadband or mobile)
- A device for making video calls, such as a tablet, smartphone or computer with webcam

NHS Near Me only works in the Chrome browser or the Safari browser on Apple products.

Just before the time of your appointment, go to the NHS Near Me website (<https://nhsh.scot/nhsnearme>). Press the “start video call” button and follow the on-screen instructions. Further information about making calls is available on the website.

If you are having an NHS Near Me appointment at home, you will be offered a Line Check before your first use to check you are comfortable with the Near Me system.

NHS Near Me at local NHS premises

Some appointments need some clinical support, such as a blood pressure check. These appointments take place at an NHS Near Me clinic located within local NHS premises. Your appointment letter will explain where to go.

NHS Near Me rooms have also been set up across NHS Highland for patients who cannot or do not want to have a video call at home. See the map overleaf for locations.

Video call security

NHS Near Me uses secure video consulting which has been approved as private and confidential by NHS Scotland. No NHS Near Me video calls are ever recorded.